

November 18, 2024
7:00 PM - 8:00 PM
Spiritus Christi Parish Community Forum

Minutes

Number in room 14

Number online 13

Start Time 7:03

Staff: Rev Myra Brown, Rev Celie Katovitch, Amy Durkee, , Ruth Cowing

1. Introduction of PCF Team and Parish Staff - Colleen Farley
2. Opening Prayer - Colleen Farley
3. Meeting Overview and Framework - Matt Liston
 - Discussed agenda
 - Ask to refrain until end of updates for questions
4. Pastor's Report
 - Had visioning meeting
 - Structure doc has not been updated since 1999
 - It will go from them to personnel committee to PCF to community
 - Rel ed classes began at end of Sept
 - Lots of new families joining they love being part of community
 - First of month fellowship Friday
 - New parishioners meeting
 - Nice way to connect with new people
 - Wedding in Oct of young adults
 - Speaking From the Heart meets once a month on Sat
 - Seen some dip in families who attend
 - Lydia is building new relationships
 - Office closed for Indigenous Peoples Day
 - Myra and many parishioners went to Cobbs Hill for the ceremony
 - MHC liturgies and River walk was amazing

- Young Adult Retreat
- Children's Sabbath Day
 - Interfaith Liturgy for Children's Sabbath
 - Roman Catholic, Islamic and others
 - Center the Voice of Children
 - 3 takeaways letter program and GBI program
 - Putting it out to broader community
 - 13 year old walked out asking if there was more information as you don't hear a lot about kids
- Pancake breakfast
 - Well attended
 - New people and others around for a while
- Oct. - 2 funerals
- Nov. - 3 funerals
- HOPE liturgies
 - Fundraiser
 - Kombit
 - Food great
 - Music great
- Read that Fr Jim got results back from biopsy
 - Cancer on neck, too
 - More to have to treat
 - PET scan tomorrow
 - He will talk to providers after
- Gathered the community
 - Light candles
 - Water release
 - People could talk and share their stories
 - Talking circle about how much they miss him
 - Huge group
 - Healing for parish to be together
- Thanksgiving Baskets
 - Started Adopt-a-family
 - End of Sept beginning of Oct
 - Food gift card for Thanksgiving meal

- Adopt families for gifts to children
- Lots of stories and relationship and connection that happens in that community
- Thanksgiving mass will be in the morning 9am
- Christmas mass at 10am
- Questions
 - None

5. Mental Health Center Report

- Mission provides access to MH care to people who would otherwise not have access to MH care
 - Either no insurance or
 - High deductible or
 - Young adult who is not comfortable having their parent know they are having MH issues
- All services at no cost
- Individual and couples group
- Onsite and telehealth
- One on one peer support
- Living room meetings weekly
- Other wellness offering
 - Chair or gentle yoga
- Community education events
 - Understanding PTSD
 - Thriving in change
- How people get connected with us
 - Often they are connected because someone who is participating referred them
 - Parishioners referrals
 - Lifeline referrals
 - Community mental health centers referrals
 - PCP
- Paid staff includes
 - Amy Durkee

- Mark Potter
- Eileen Hurley
 - Retiring at end of December
 - Working on making sure everyone is in good hands
- We unfortunately won't have someone to go into the community
- 14 license therapist that volunteer their time
- 3 peers
- One peers support specialist
- May be getting a second yoga trainer
- Last time estimated value of professional fees is before pandemic low \$72,000
- Volunteer in office SW student will be working on updating those figures.
- 194 people seen
- Teens to elders
- Connected 109 people to other services in community
- A third have no insurance
- Other $\frac{2}{3}$ have insurance that they can't use or is not adequate
- Jan have had 6 week group of people childhood survivors trauma
- This group is unique
- not a lot of in person groups of this type available in Rochester
- Second part time counseling intern older student who has done rehab counseling
 - This is unique experience
 - Neuro divergent
 - People who have been masking these symptoms
- Grateful for parish to have this space this ministry
 - Sometimes they spill over to all spaces
- Lots of gratitude
- Quotes from satisfaction survey
 - You guys are amazing work is life changing the person i was when i started would be surprised and proud
 - Admin staff is awesome they treat me as a person they talk to me and they make me feel like i am a part of the Spiritus community even though i don't go to church here
- Questions
 - How does the number of served compare to prior years
 - Last few years has been around 200

6. New Business

- Give the political climate do we know if they will be safe
- Myra
 - We don't know if the asylum seeker are going to be safe
 - Myra is thinking of calling together a group of us to think about the asylum seekers
 - There are several groups coming together to think this through and our response
 - WE will need to do that as well
- For the various services have the money been alright at church
- Mike Ramich - is this a question about finances
 - We are running a little ahead of our budget this year
 - We have a lot of generous gifts for the asylum seekers with money and clothes
 - Collections running \$400-500 a bit higher than last year
 - Mental health center is in the black as well
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- Closing Prayer Matt Liston